



Margaret Wix Primary School PE Learning Journey



Beginning of the primary learning journey. Begin to develop gross and find motor skills through investigation, exploration and play.

EYFS

Y1

Y3

Y2

Y4

Y5

Y6

 Gymnastics: Body parts	 Ball Skills: Hands	 Gymnastics: Wide, narrow, curled	 Health and Wellbeing	 Dance: Heroes	 Attack V Defence Games	 Team Building
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 Dodging	 Gymnastics: Linking	 Dance: Explorers
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 Running	 Dance: Growing	 Ball Skills: Feet	 Ball Skills: Rackets, bats and balls
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 Ball Skills: Hands	 Gymnastics: Pathways	 Health and Wellbeing
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 Problem Solving	 Netball
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Athletics

Mindfulness

Dance: Cats

Tag rugby

Netball

Dance: Mr Candy's sweet factory

Ball Skills: Feet

Attack V Defence Games

 Gymnastics: Bridges	 Tag rugby
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Roulers

Y3

Hockey

Gymnastics: Bridges

Problem Solving

Y2

Team Building

Ball Skills: Rackets, bats and balls

 Dance: Cats	 Mindfulness
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Swimming

Tennis

Netball

Dance: Carnival

Roulers

Swimming



Go to secondary school to continue your learning journey.

 Hockey	 Tennis
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Y4

Netball

Tag rugby

Y5

Netball

Dance: Carnival

Roulers

Y6

 Athletics	 Roulers
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Problem Solving

Swimming

Tennis

Cricket

Gymnastics: Matching and mirroring

Tennis

Cricket

Swimming

Gymnastics: Counter balances

Health related exercise

Athletics

Roulers

Health related exercise

Hockey

Athletics



Continue your lifelong love of learning and personal development.