



# Physical Education Leadership

## Unit Purpose

The focus of the learning is for pupils to understand what makes an **effective leader**. By unpicking the 'STEP' principles, pupils will be able to apply their developing understanding as they lead others.

Pupils will be able to identify the different attributes that make an effective leader.

## Inspire Me

**Nelson Mandela (1918-2013)** was a former president and political leader of South Africa. Mandela dedicated his life fighting for equality and equal human rights around the world!



## Key Success Criteria

- P** Pupils will apply effective leadership skills to support and guide other pupils/their team in order to play games and complete challenges.
- C** Pupils will apply their understanding of what makes an effective leader as well as effectively evaluating others leadership efforts and give constructive feedback.
- S** Pupils will be able to harness life skills such as communication as they ensure there are always clear instructions while motivating and encouraging their team.
- W** Pupils will utilise and promote life skills such as integrity as they encourage their groups/teams to always try their hardest, even if the challenge is difficult.



## Vocabulary for Learning

**Communication:** Is the method of transferring information from one person or a group to another. Types of communication include: verbal, nonverbal, written and visual.

**Leadership:** Leadership is the ability to guide members of your team towards achieving your goal.

**Cooperation:** Cooperation is another word used to define teamwork, meaning to work together to achieve a goal or complete a task.

**Responsibility:** is when you take ownership for the things that you are supposed to do and accept the results or consequences of your actions.



## Sport Specific Vocabulary

**Space:** Is the area in which a game or an activity takes place.

**Task:** Is the type of game or activity that pupils are taking part in.

**Equipment:** are the necessary items that are used to play a game or activity.

**People:** refers to the pupils taking part in a activity or game.

