

PSHE

Year Group	Autumn Term	Spring Term	Summer Term
EYFS	<p>Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs, and understand the importance of healthy food choices. Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others' needs.</p>		
Year 1	Being Me in My World	Dreams and Goals	Relationships
	Celebrating Difference	Healthy Me	Changing Me
Learning Powers and values	Self-Belief Respect for Others Kindness	Resilience Curiosity Self-Belief	Self-Belief Respect for Others Kindness
Opportunities for exploring and celebrating diversity	Black History Month - Oct Diwali 24th October – 1 Nov World Kindness Day - 13 Nov Anti-Bullying Week - 14 - 20 Nov International Day of Persons with Disabilities – 3 Dec	Lunar New Year - 22 Jan - 5 Feb Children's Mental Health Week – 6-10 Feb International Mother Language Day – 21 Feb International Women's Day – 8 Mar International Day for the Elimination of Racial Discrimination – 21 Mar	World Day for Cultural Diversity - 21 May
Year 2	Being Me in My World	Dreams and Goals	Relationships
	Celebrating Difference	Healthy Me	Changing Me
Learning Powers and values	Self-Belief Respect for Others Kindness	Resilience Curiosity Self-Belief	Self-Belief Respect for Others Kindness
Opportunities for exploring and celebrating diversity	Black History Month - Oct Diwali 24th October – 1 Nov World Kindness Day - 13 Nov Anti-Bullying Week - 14 - 20 Nov International Day of Persons with Disabilities – 3 Dec	Lunar New Year - 22 Jan - 5 Feb Children's Mental Health Week – 6-10 Feb International Mother Language Day – 21 Feb International Women's Day – 8 Mar International Day for the Elimination of Racial Discrimination – 21 Mar	World Day for Cultural Diversity - 21 May
Year 3	Being Me in My World	Dreams and Goals	Relationships
	Celebrating Difference	Healthy Me	Changing Me

Learning Powers and values	Self-Belief Respect for Others Kindness	Resilience Curiosity Self-Belief	Self-Belief Respect for Others Kindness
Opportunities for exploring and celebrating diversity	Black History Month - Oct Diwali 24th October – 1 Nov World Kindness Day - 13 Nov Anti-Bullying Week - 14 - 20 Nov International Day of Persons with Disabilities – 3 Dec	Lunar New Year - 22 Jan - 5 Feb Children's Mental Health Week – 6-10 Feb International Mother Language Day – 21 Feb International Women's Day – 8 Mar International Day for the Elimination of Racial Discrimination – 21 Mar	World Day for Cultural Diversity - 21 May
Year 4	Being Me in My World Celebrating Difference	Dreams and Goals Healthy Me	Relationships Changing Me
Learning Powers and values	Self-Belief Respect for Others Kindness	Resilience Curiosity Self-Belief	Self-Belief Respect for Others Kindness
Opportunities for exploring and celebrating diversity	Black History Month - Oct Diwali 24th October – 1 Nov World Kindness Day - 13 Nov Anti-Bullying Week - 14 - 20 Nov International Day of Persons with Disabilities – 3 Dec	Lunar New Year - 22 Jan - 5 Feb Children's Mental Health Week – 6-10 Feb International Mother Language Day – 21 Feb International Women's Day – 8 Mar International Day for the Elimination of Racial Discrimination – 21 Mar	World Day for Cultural Diversity - 21 May
Year 5	Being Me in My World Celebrating Difference	Dreams and Goals Healthy Me	Relationships Changing Me
Learning Powers and values	Self-Belief Respect for Others Kindness	Resilience Curiosity Self-Belief	Self-Belief Respect for Others Kindness
Opportunities for exploring and celebrating diversity	Black History Month - Oct Diwali 24th October – 1 Nov World Kindness Day - 13 Nov Anti-Bullying Week - 14 - 20 Nov International Day of Persons with Disabilities – 3 Dec	Lunar New Year - 22 Jan - 5 Feb Children's Mental Health Week – 6-10 Feb International Mother Language Day – 21 Feb International Women's Day – 8 Mar International Day for the Elimination of Racial Discrimination – 21 Mar	World Day for Cultural Diversity - 21 May
Year 6	Being Me in My World Celebrating Difference	Dreams and Goals Healthy Me	Relationships Changing Me
Learning Powers and values	Self-Belief Respect for Others Kindness	Resilience Curiosity Self-Belief	Self-Belief Respect for Others Kindness
Opportunities for exploring and	Black History Month - Oct Diwali 24th October – 1 Nov World Kindness Day - 13 Nov	Lunar New Year - 22 Jan - 5 Feb Children's Mental Health Week – 6-10 Feb International Mother Language Day – 21 Feb	World Day for Cultural Diversity - 21 May

celebrating diversity	Anti-Bullying Week - 14 - 20 Nov International Day of Persons with Disabilities – 3 Dec	International Women's Day – 8 Mar International Day for the Elimination of Racial Discrimination – 21 Mar	
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