



# EYFS LEARNING IN PSHE at Margaret Wix Nursery and Primary school



## Overview

In EYFS, PHSE is explored within the Personal, Social and Emotional (PSED) learning area.

This area is split into three sections:

### Self-Regulation

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

### Managing Self

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.
- Explain the reasons for rules, know right from wrong and try to behave accordingly.
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

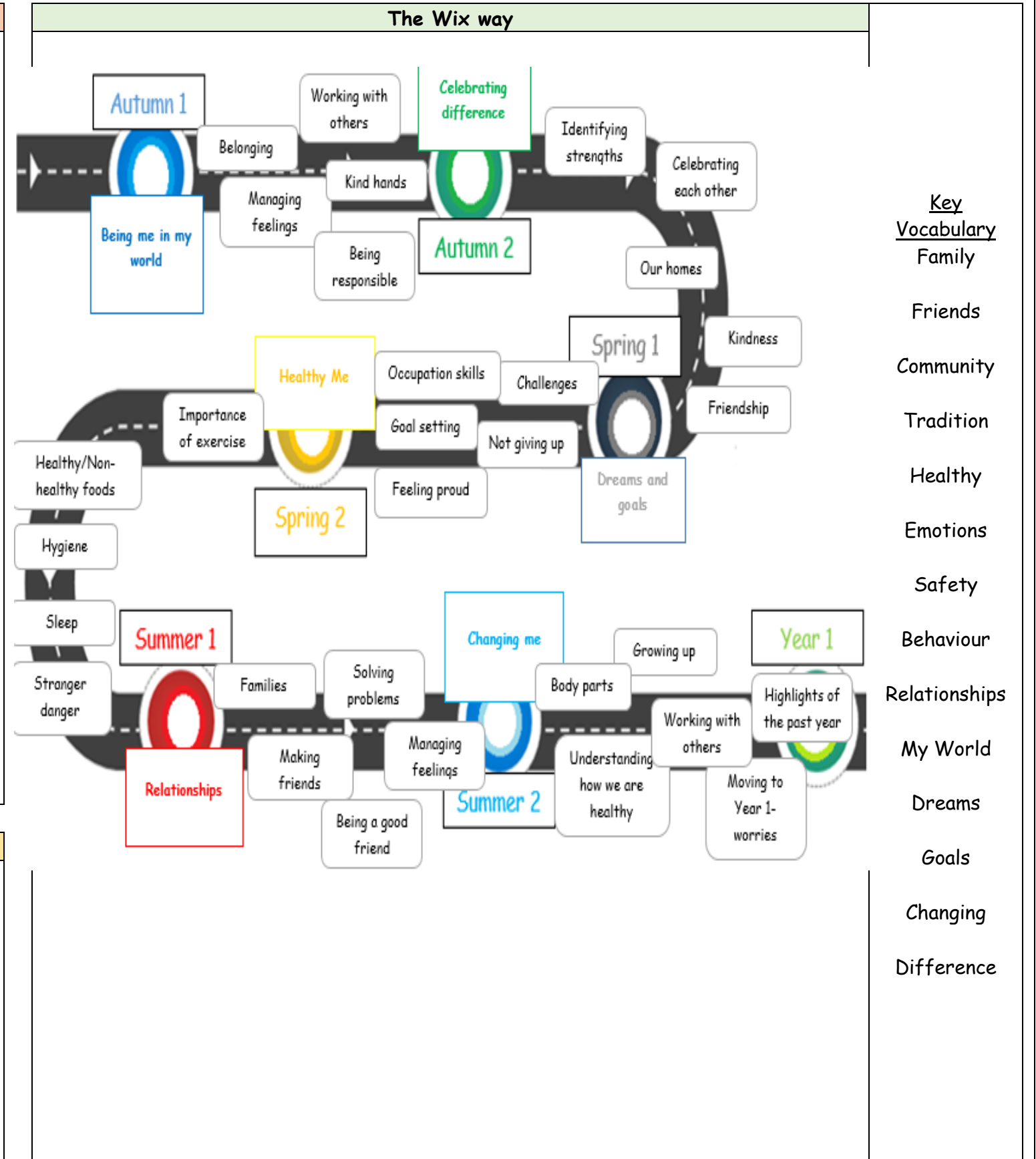
### Building Relationships


- Work and play cooperatively and take turns with others.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to others' needs.

Through our super powers, routines, everyday life in and out of the classroom, we build on PHSE daily. We feel this is one of the most important areas within EYFS and understand how crucial it is for children to achieve the above, in order to be ready for the next stage in their learning journey.

Along with 1 focus lesson a week, here is where you will see PHSE applied in EYFS.

	<u>Creative area</u> 	<u>Writing area</u> 	<u>Role play area</u> 	<u>Construction/small world area</u> 
<b>Reception environment</b>	<u>Calm corner</u> 	<u>Snack area</u> 	<u>Feelings board</u> 	<u>Visual timetable</u> 



Other opportunities	<u>Mud Kitchen</u> 	<u>Outside water area</u> 	<u>Reading area</u> 	<u>Music wall</u> 
	<u>Creative area</u> 	<u>Playdough area</u> 	<u>Role play area</u> 	<u>Small world area</u> 
Nursery environment	<u>Visual timetable</u> 	<u>Tuff tray play</u> 	<u>Sand area</u> 	<u>Reading area</u> 

In EYFS we implement PHSE with the support of 'Jigsaw.'	
EYFS	<p>The Jigsaw scheme runs from EYFS to Year 6. In EYFS we are able to explore FS1 outcomes and FS2, to ensure the individual needs of the cohort are met. There are six Puzzles in Jigsaw that are designed to progress in sequence from the beginning to the end of the academic year.</p> <p>Autumn 1: Being Me in My World  Autumn 2: Celebrating Difference (including anti-bullying)  Spring 1: Dreams and Goals  Spring 2: Healthy Me  Summer 1: Relationships  Summer 2: Changing Me</p> <p>We have a weekly celebration during our celebration assembly on a Friday, trying to ensure the Jigsaw learning is translated into behaviour and attitudes and not confined to the lesson slot on the timetable</p> <p>Through the week, children and adults nominate each other by adding their names to the celebration sheets when they see each other using that behaviour. These are collected in and those nominated are recognised/rewarded in the Friday Celebration assembly.</p>

### Linked area of learning in EYFS

Understanding of the World	
<u>Past and present</u> • Talk about the lives of the people around them and their roles in society.	<u>People, Culture and Communities</u> • Describe their immediate environment using knowledge from observation, discussion, stories, non-fiction texts and maps. • Know some similarities and differences between different religious and cultural communities in this country, drawing on their experiences and what has been read in class. • Explain some similarities and differences between life in this country and life in other countries, drawing on knowledge from stories, non-fiction texts and (when appropriate) maps.

**Children in action in PHSE in EYFS**



Receiving a super power postcard



Learning how to take turns during a group task



Building and showing confidence in show and tell



Understanding importance of health-visit from the local dentist and nurse



Taking turns independently during choosing time



Making healthy flapjacks during our focus on the text 'The Little Red Riding Hood.'